



adventurous



THE DUKE OF EDINBURGH'S AWARD

**GOLD
AWARD**

Entry Requirements:

There are no entry requirements for this course. There will be an enrolment fee which includes all camps and walks until Christmas. Further costs are incurred with later expeditions; however, these are kept to a minimum. Students will be required to obtain certain basic items of equipment.

Is this for me?

This is an internationally recognised award that is highly valued by both universities and employers. It is achievable by everybody and can be tailored to individual needs and strengths. It not only develops team building skills but also the strength of working alone and helping the community.

What will I do?

The Gold Award requires you to complete five sections over a period of at least 18 months: Volunteering, Skills, Physical, Expedition and Residential.

- ◆ Volunteering, Skills, and Physical all require each student to complete an average of an hour a week on each chosen activity for a period of either 6, 12 or 18 months.
- ◆ The Residential section requires you to spend 5 days/4 nights away from home undertaking a shared activity.
- ◆ Expedition - you will be trained for the expeditions within College. You are required to complete a four day practice expedition and a four day assessed expedition which is completed in the Brecon Beacons in the summer term. There will be monthly walks, progressing to expeditions throughout the year building up to the assessment.

This award is challenging but enormously enjoyable and rewarding. Sessions will be held in the classroom, in local countryside areas and on the moors.

For more information please contact:
Ms S Ellis, DofE Coordinator
SKE@bodmincollege.co.uk

